

# Financial Counselling

## New South Wales

*"After fleeing from domestic abuse and being tangled in the debt from starting over more than six times, Zahra helped give me a sense of hope and made it possible to live a safe life with my baby."*

– Financial Counselling Participant

We offer a free, specialist Financial Counselling service for women impacted by domestic abuse related debt and financial hardship. Our specialist, trauma and violence informed Financial Counsellors are non-judgemental and supportive in their approach and empower you with skills, knowledge and choices to build the life you want.

This service is for women and non-binary people of all ages who have been impacted by or are recovering from Domestic Abuse. It is free, confidential and voluntary.

If you would like to book a Financial Counselling appointment or have any questions about this service, contact our team:

**Phone:** 0422 233 640

**Email:** [ptensw@zahrafoundation.org.au](mailto:ptensw@zahrafoundation.org.au)

## What To Bring

So that we can support you more efficiently it will be useful for you to bring the following documentation:

- Proof of income (Centrelink and/or payslips)
- Photo identification including health care/pension concession card (if possible)
- Bank statements
- Current bills
- Debt collector notices or other demands

